

Interpretation – What does it mean?

I will instruct you and teach you in the way you should go; I will guide you with My eye. -Psalms 32:8 NKJ

During observation, you ask questions and gather information. Interpretation is where you start to process that information to find spiritual lessons. Interpretation always asks two basic questions:

- 1 What was the writer saying?
- 2 How does that relate to life today?

Looking for a Spiritual Lesson. The Bible is filled with principles. A principle is a timeless truth that points to God and speaks to man. Principles are the building blocks that form the foundation of what we believe and how we behave toward God and others. In simple terms, a principle is a spiritual lesson.

Some helpful questions to ask when looking for a spiritual lesson:

- + What does this teach about God? What does it say about man?
- ✤ Is there a command to obey?
- + Is there a promise to claim? A condition to that promise?
- + Is there a warning to heed? An example to follow or avoid?

You can draw lessons from the examples of people you read about. Some questions you may want to consider:

- + How did God deal with the person or people involved?
- + How did they respond to their circumstances?
- + How did they conduct themselves in a crisis? How did they cope with setbacks?
- + What did they accomplish? How did they influence others?
- + What strengths/talents are revealed? What spiritual fruit or personal growth?
- + What faults/shortcomings are exposed? Did they learn from their failures?
- + How do they treat other people? Who do they depend on? Confide in?

Writing the Spiritual Lesson. A spiritual lesson should address a need or concern of life today. It should indicate a course of action.

State the spiritual lesson in one brief, simple sentence. Note: It takes time to boil it down to a short concise sentence, for the benefit of the group's understanding.

Some practical suggestions

- + Look for Scripture that backs up the lesson.
- + Don't pressure yourself to come up with something profound. Your goal is to make the lesson clear, easy to remember and practical to apply.